

# Washington Riding Centre



## **VOLUNTEERING OPPORTUNITIES**

### **YARD ASSISTANT**

This role includes mucking out stables, catching and turning out horses, grooming, tacking up and untacking the horses plus many more jobs:

Volunteering in this area is best done on a half or full day basis. This then allows us to plan more effectively.

Times are as follows

7 days a week:	8:30 - 11:45
	12:30 - 4:00 half days
	8:30 - 4:00 full day

### **RIDING SESSION VOLUNTEERS**

Most of the centre's riders are unable to ride by themselves and sometimes 3 volunteers are needed for each horse/pony - one to lead the horse and one on either side of the rider for support and safety.

A session usually lasts 45 mins and volunteers are required to assist with a variety of tasks, including leading/sidewalking and assisting riders to mount and dismounting.

Riding sessions volunteers can volunteer for as many, or as few sessions as they like.

## FUNDRAISING

If you are not keen to 'muck in' on the stable yard but would still like to help, we are always on the look out for people with innovative ideas for raising money.

Washington Riding Centre is a registered charity, and therefore receives no government funding, relying on donations, grants and fundraising.

Through out the years thousands of children and adults with special needs have benefited from, and enjoyed riding at the centre. If you would like to help us in the continuation of our work, please give us a call. Your contribution, however small, would make a big difference.

# Washington Riding Centre



**Emma Craggs**  
Volunteer Co-ordinator  
Washington Riding Centre for the Disabled  
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**For those individuals with Special Needs an assessment of need would have to be completed prior to any voluntary placement being offered.**

**Emma Craggs  
Volunteer Co-ordinator**